

*Better ridge  
soaring*



# Contents:

1. Preparation
2. Soaring theory & tactics
3. Flying safely
4. Local flying sites

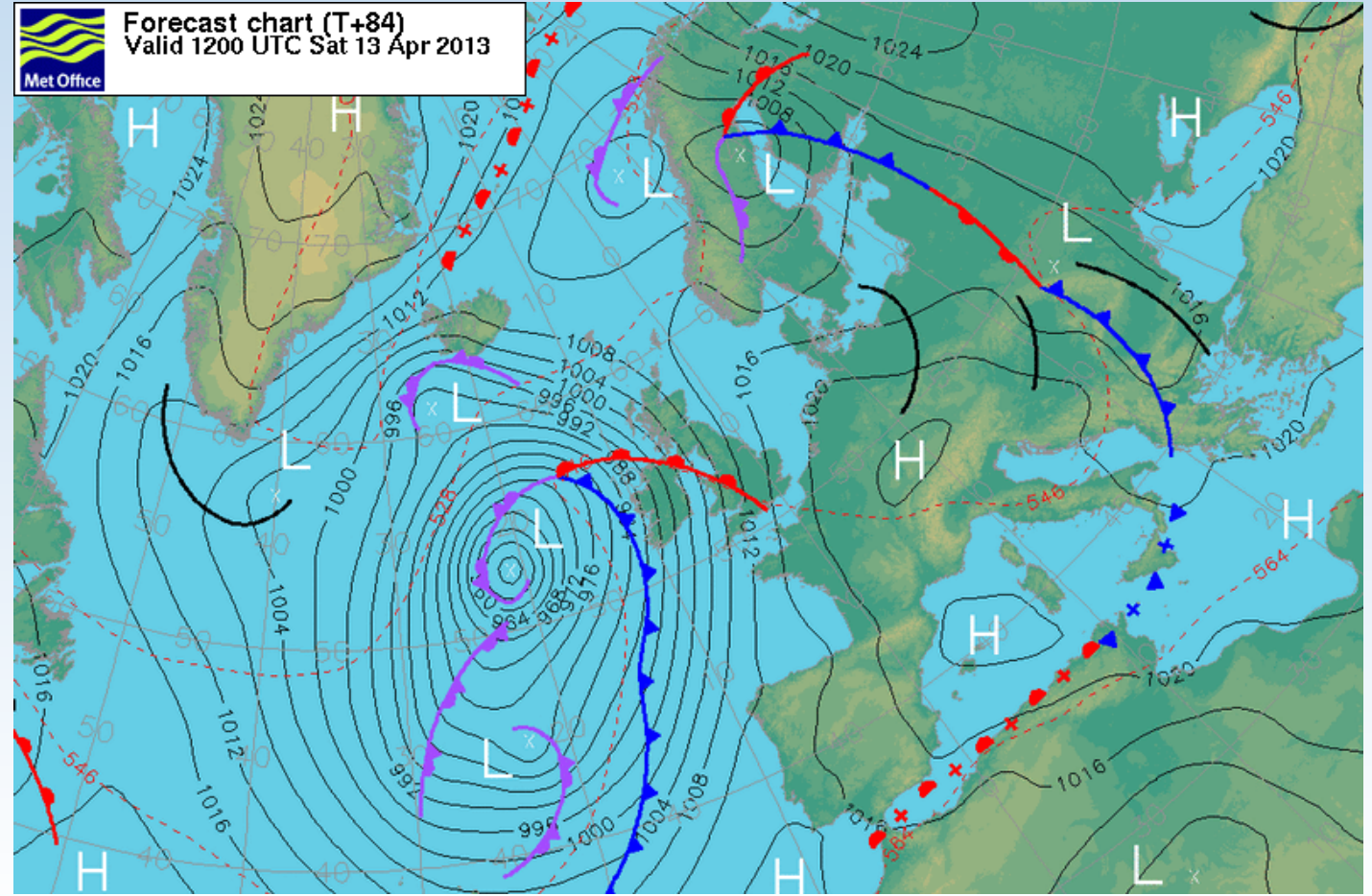
**Preparation.**

# Conditions – gathering information.

## ***SAFETY CONSIDERATION!***

### 1. At home before you go...

- **Forecast:**
  - ✓ Bigger picture
    - Pressure system?
    - Fronts?
    - Do all forecasts agree?
    - Stability?
  - ✓ Local forecast
    - Summit wind
    - Cloud/rain
- **Weather at home:**
  - ✓ Does it fit with forecast?



# Conditions – gathering information.

## 2. On the way to site:

- ✓ Winds as predicted?
  - Direction, speed, seabreeze
- ✓ Clouds
  - Lenticulars, Cumulus, Cirrus
  - Convergence

## 3. Arrival at site:

- ✓ Wind at landing
- ✓ Pilots or birds flying
- ✓ Clouds
- ✓ Other pilot experiences

## 4. Walking up to launch:

- ✓ Change in wind speed or direction?
- ✓ Wind changes cyclical?
- ✓ Wind at summit height?



*\*Speak to other locals if new to site...*

# Forecast websites

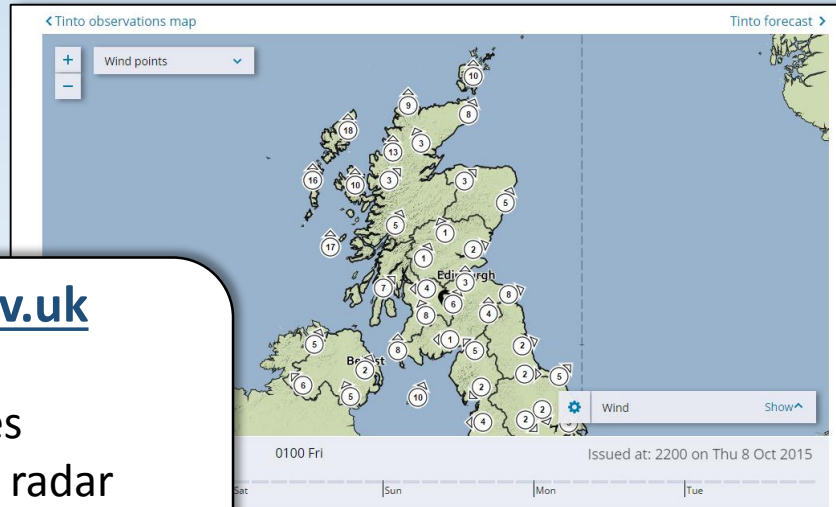
...my favourites!

## [windy.com](http://windy.com)

Good:

- ✓ Awesome interface
- ✓ Wind profile

*Bad: not as accurate at Met office!*

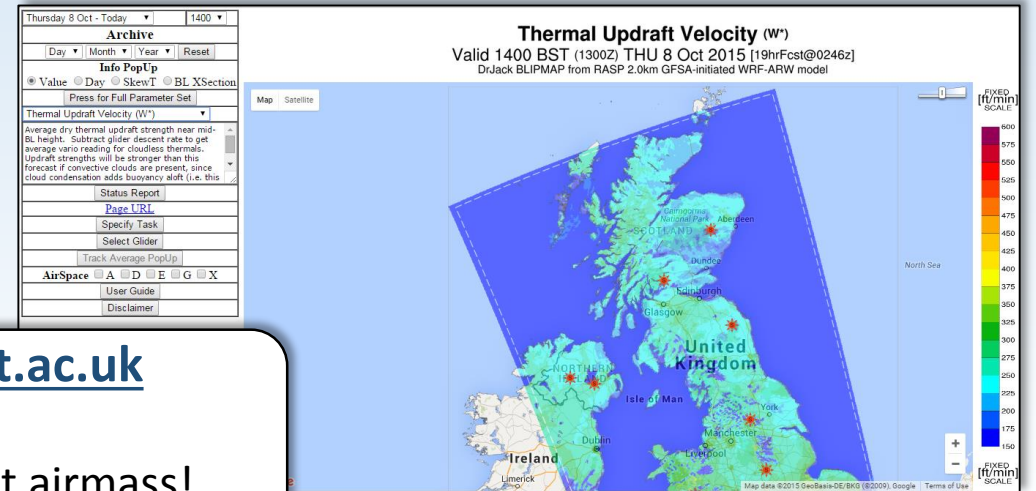


## [metoffice.gov.uk](http://metoffice.gov.uk)

Good:

- ✓ 4hr updates
- ✓ Rain/cloud radar
- ✓ Recent observations
- ✓ Most accurate?

*Bad: Hard to get summit data, slow to load!*



## [rasp.inn.leedsmet.ac.uk](http://rasp.inn.leedsmet.ac.uk)

Good:

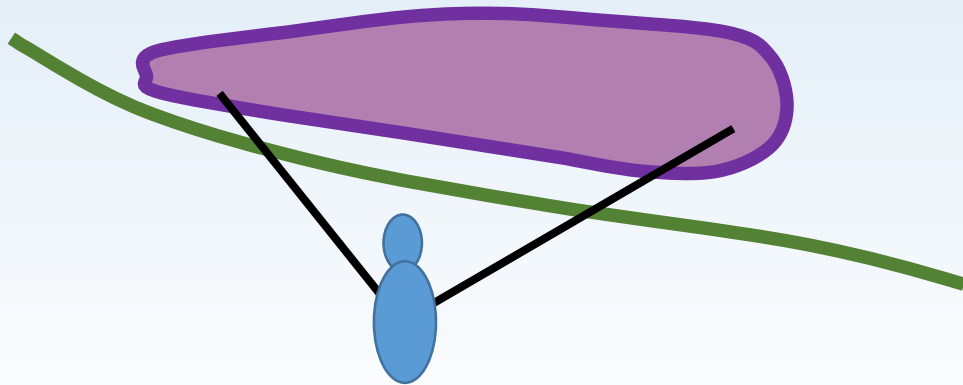
- ✓ Everything about airmass!
- ✓ Soundings for anywhere 😊

*Bad: old data*

*There are others, who uses what?*

# Set-up

- Tip...use the breeze to build a wall and check lines etc.
- Reverse launch on a slope? Put a bulge in wall on down side, the bulge will come up first.



- Keep glider attached to harness.



# Launch

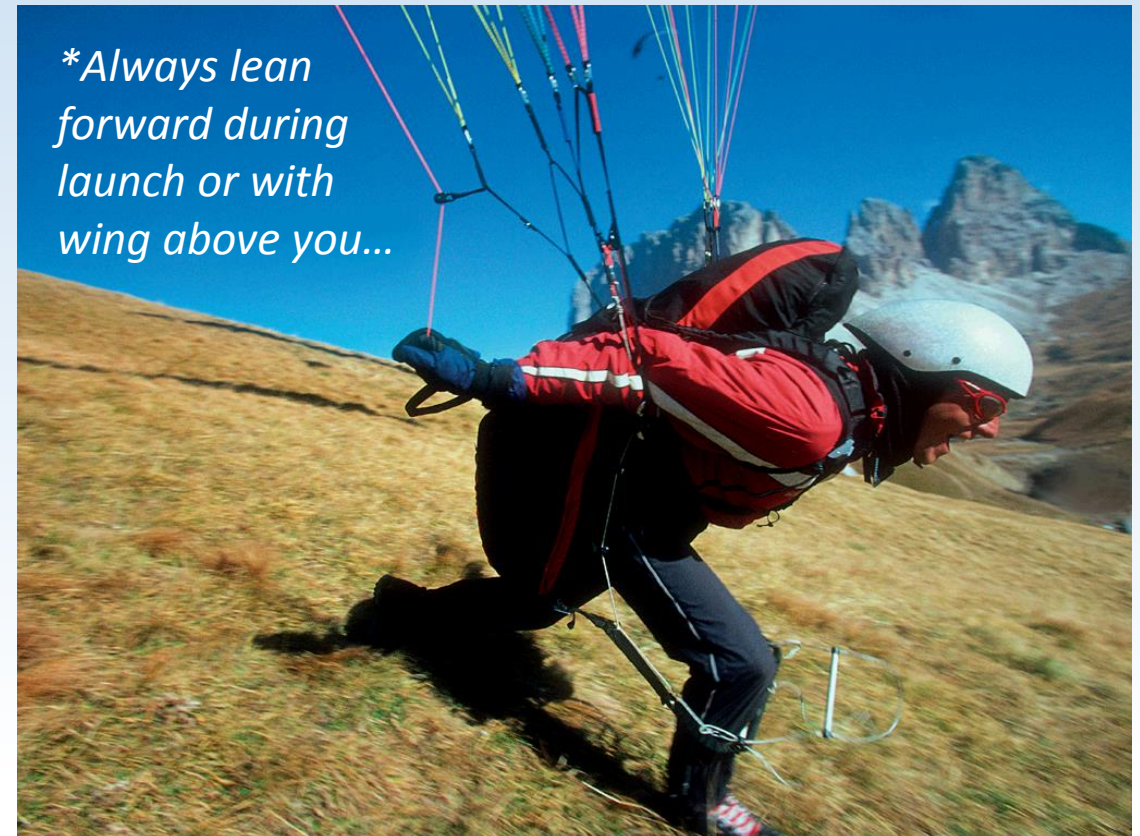
## *Decide on appropriate launch...*

- ✓ Can I kite up?
  - If enough wind to inflate canopy, yes!
  - How, facing wing, wing above?
  - Kite to feel conditions & thermals etc.
- ✓ Is launch appropriate for wind speed?
  - **High wind:** lower launch (if you know summit wind speed!)?
  - **High wind:** Is my potential dragging zone safe?
  - **Lower wind:** higher launch?
- ✓ Area for launch
  - Vernturi?
  - Edge of hill/side wind?
  - Away from rotor (gullies etc.)?

- Best aspect for given wind?
- First turn into wind?

## ✓ Launch technique

- Lower wind: As and breaks as BHPA taught?
- Higher wind: A & Cs (or Ds), or cobra?





# Conditions: who is flying what?!

***SAFETY CONSIDERATION!***

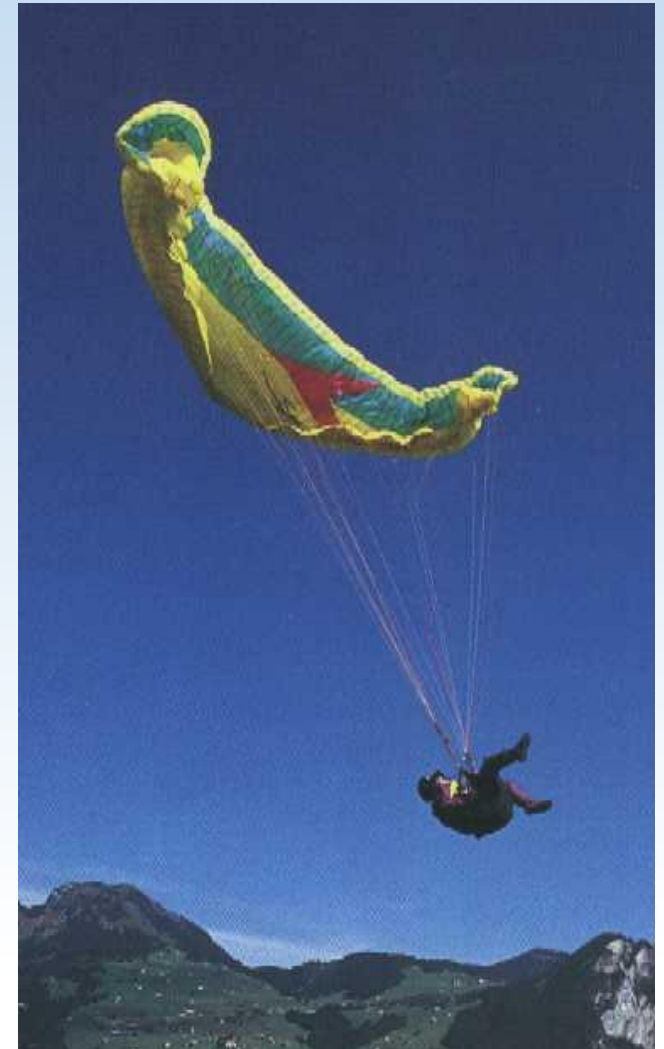
*Nervous on EN A*



*Experienced on  
'DeathBlade'*



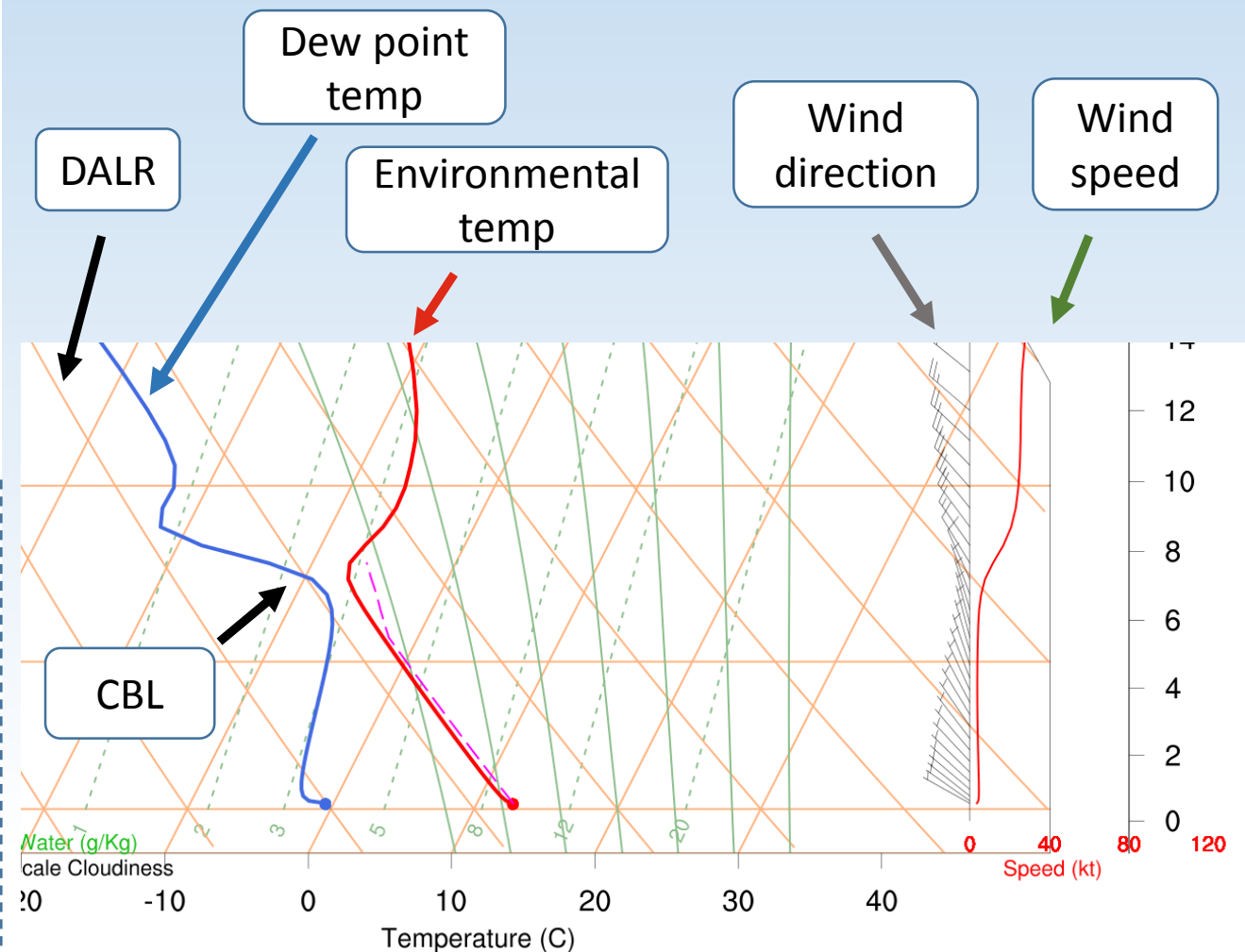
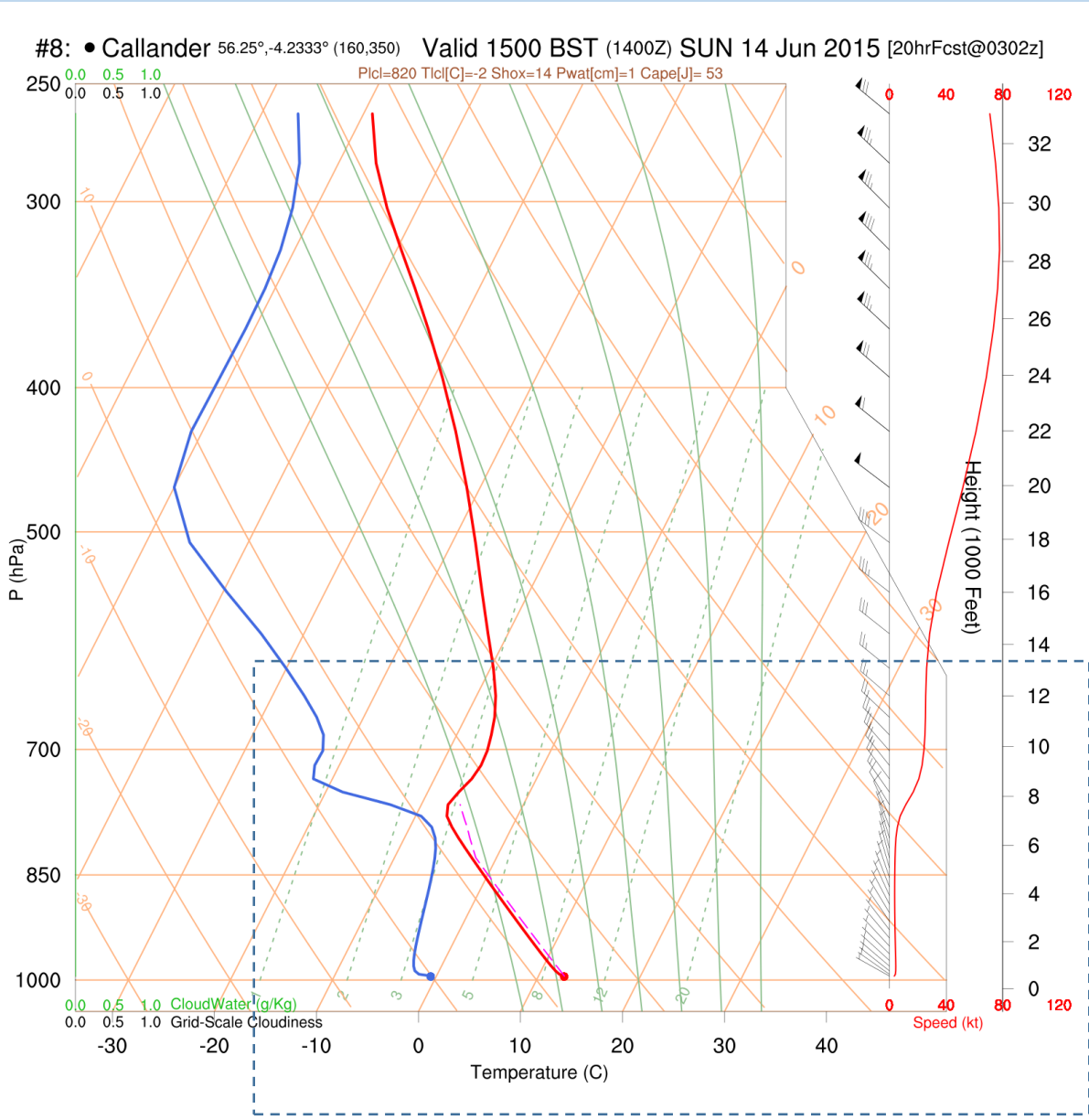
*Regular wishing he  
was on the ground*



# Using a sounding

Everything you want to know about the air mass...

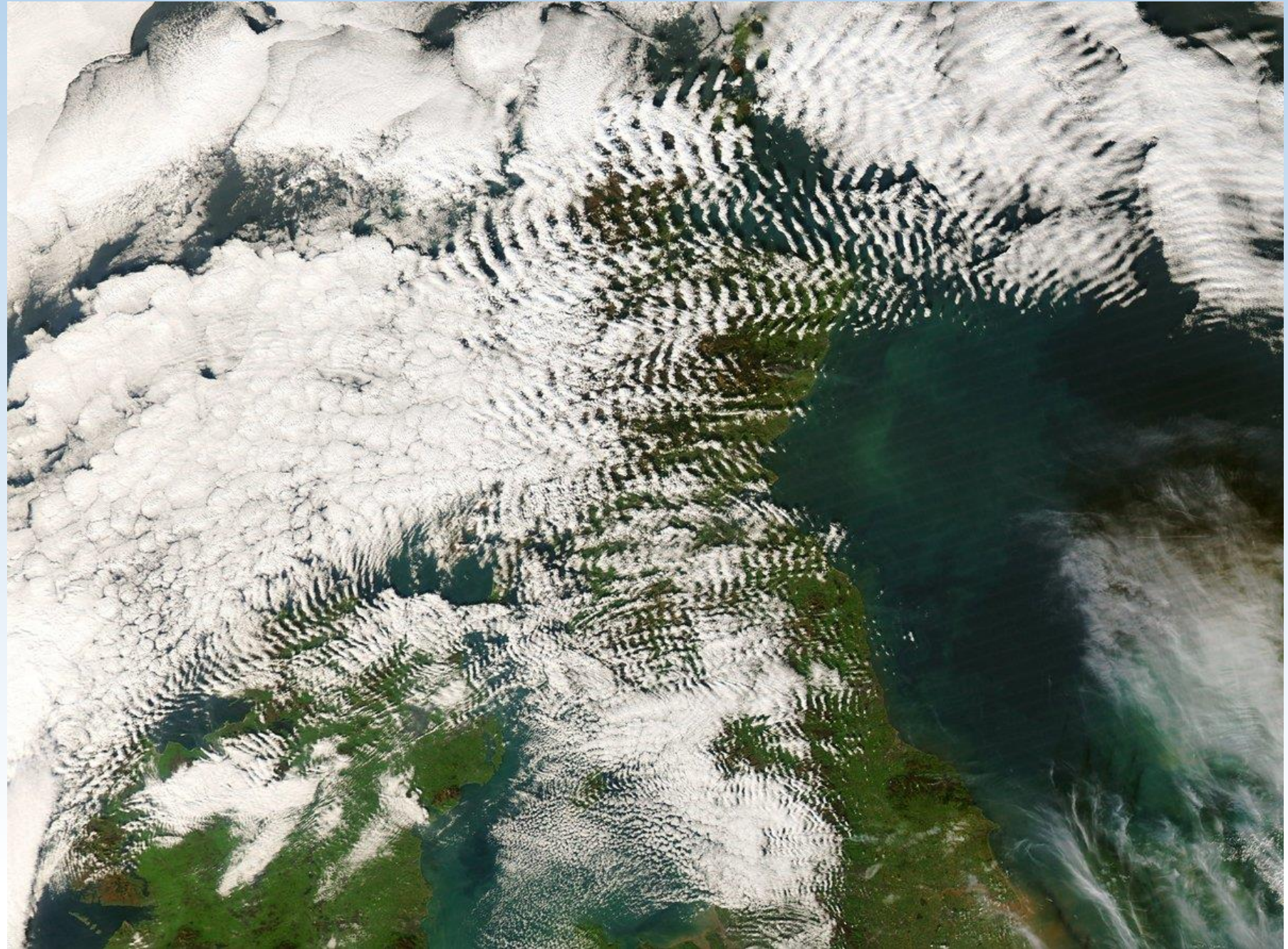
- ✓ Stability
- ✓ Cloudbase height
- ✓ Inversions
- ✓ Wind speed & direction with height



# Soaring Theory & Tactics.

# Wave

- Need unstable airmass and terrain for obstruction
- Propagates for huge distances



# Wave

- Stationary clouds – no movement with wind
- Perpendicular to wind
- Variable wind on the hill: ~10-30min cycles



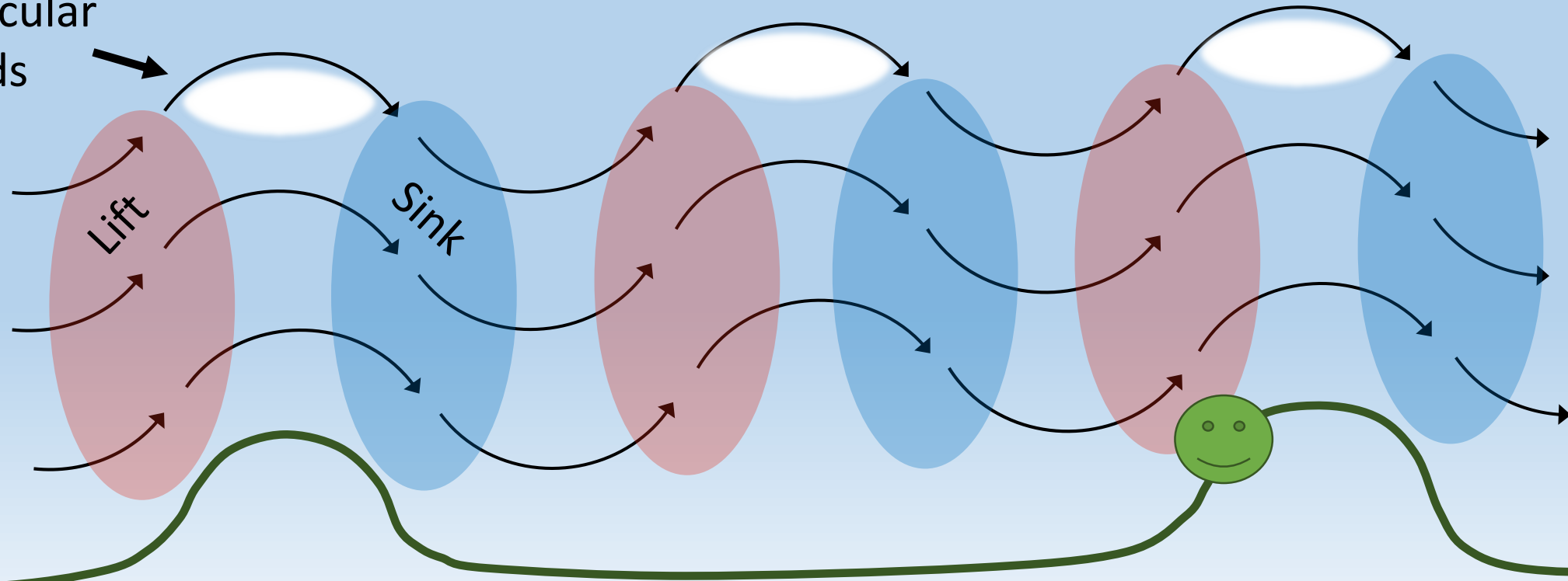


Wave bars

# Wave: in-phase

- ✓ Improved lift for given wind-speed
- ✓ Soaring higher and further out than expected

Lenticular  
clouds



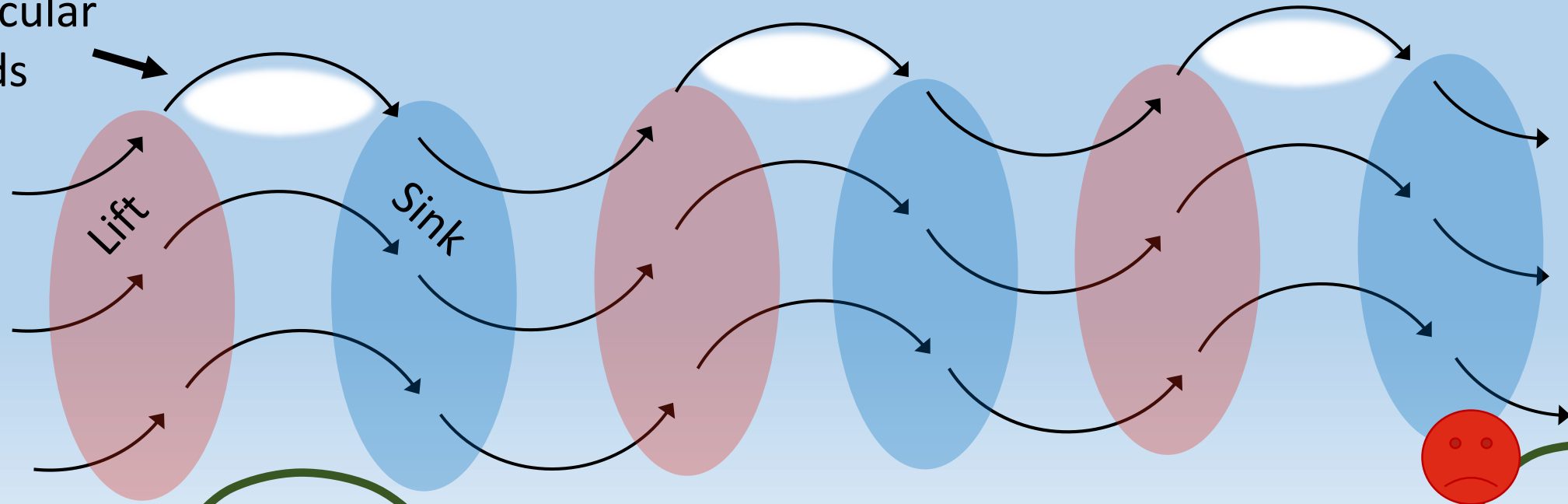
Up-wind hills

Soaring hill

# Wave: out-of-phase

- Reduced lift for given wind-speed
- Difficulty soaring higher and further out

Lenticular  
clouds



Up-wind hills

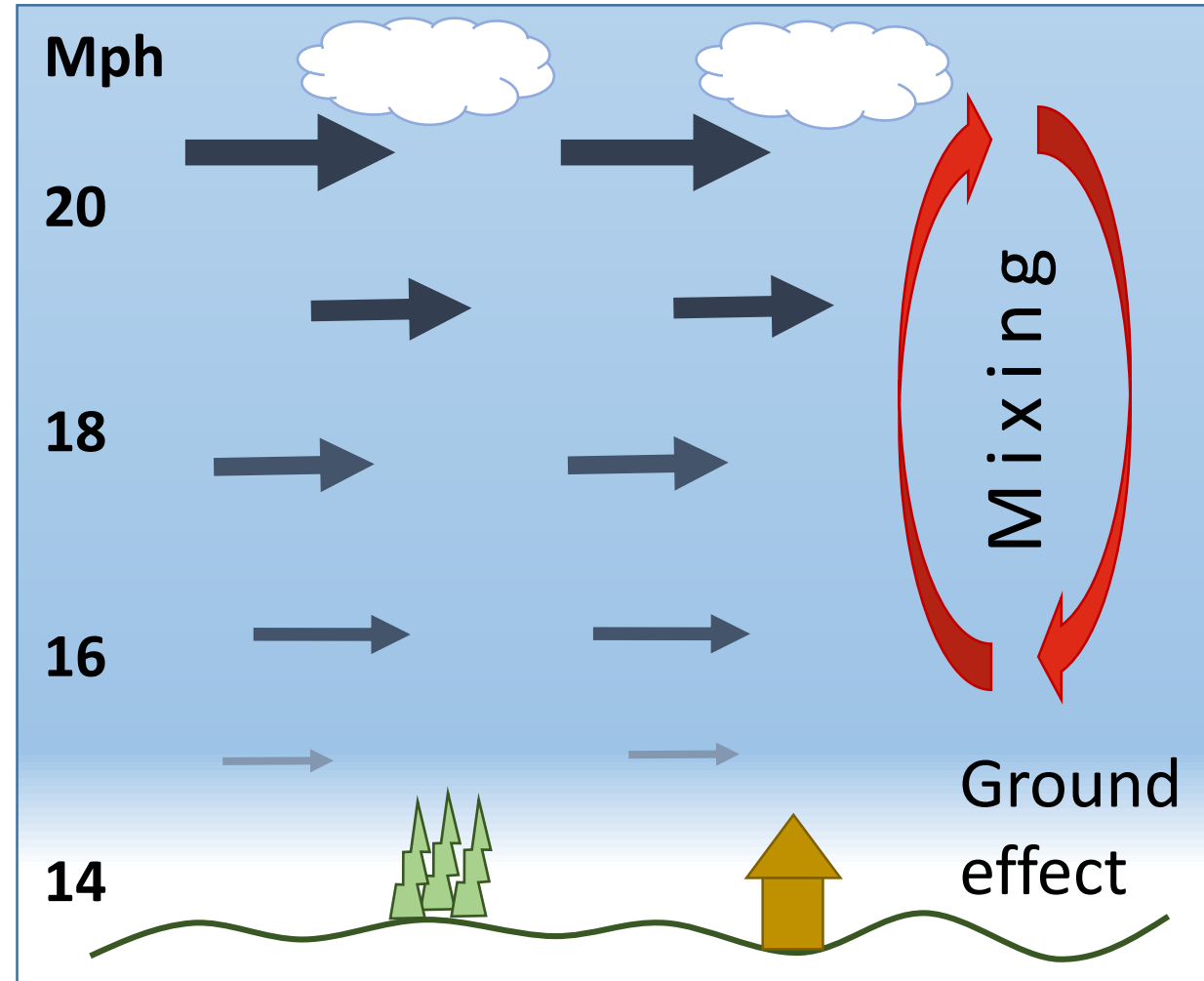
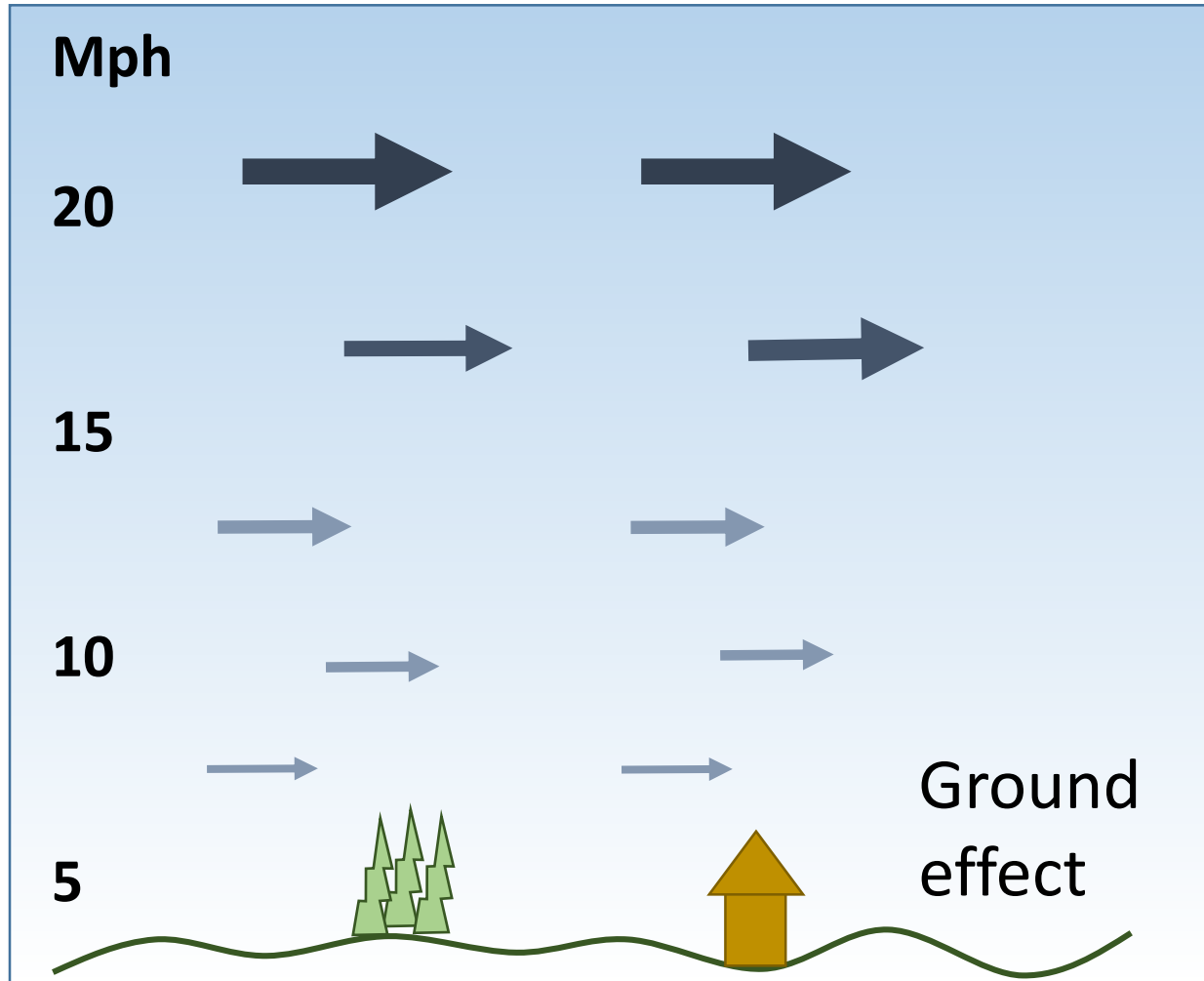
Soaring hill



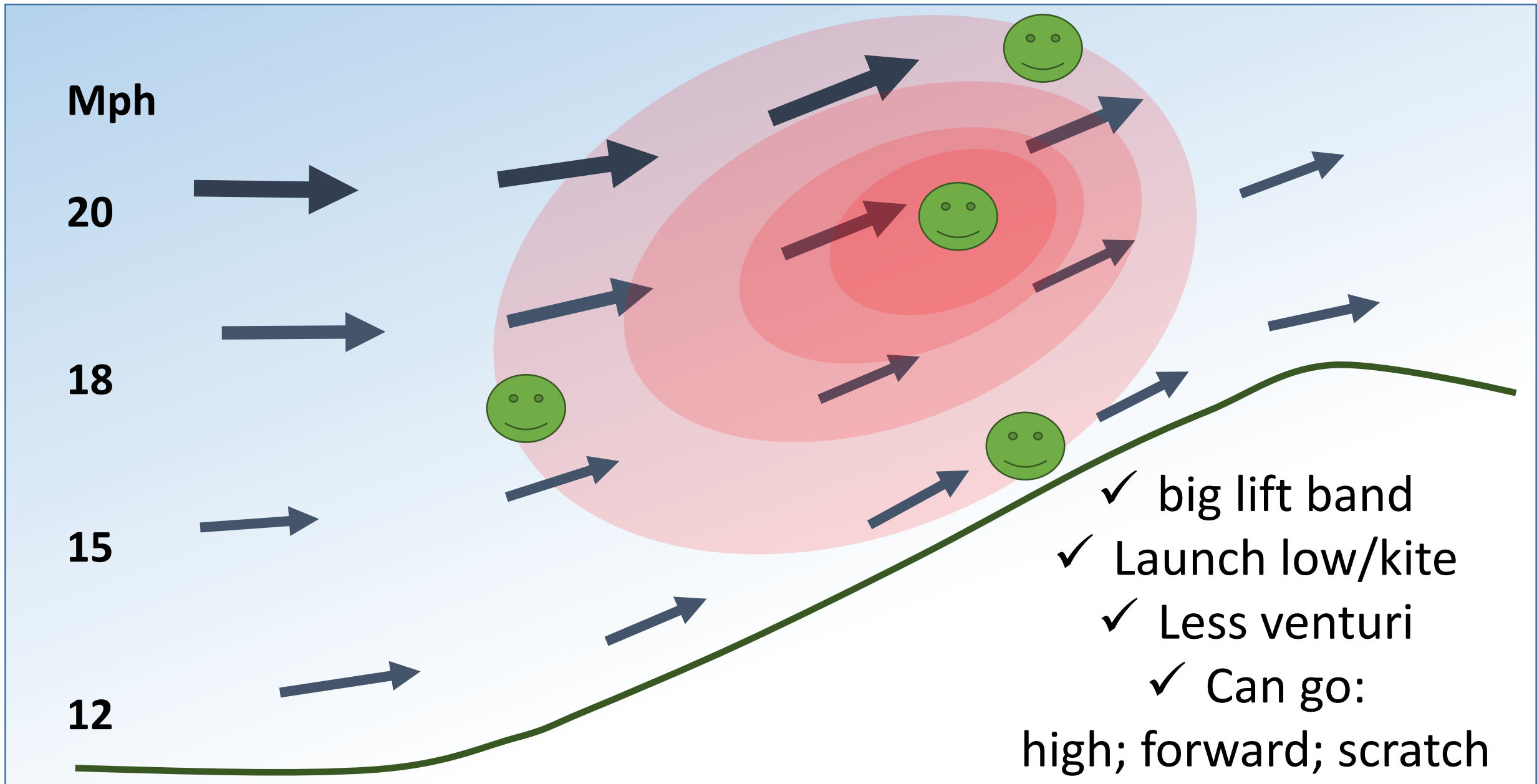
# Wind gradient

- Winter - Autumn
  - Late evening
- Stable/high pressure

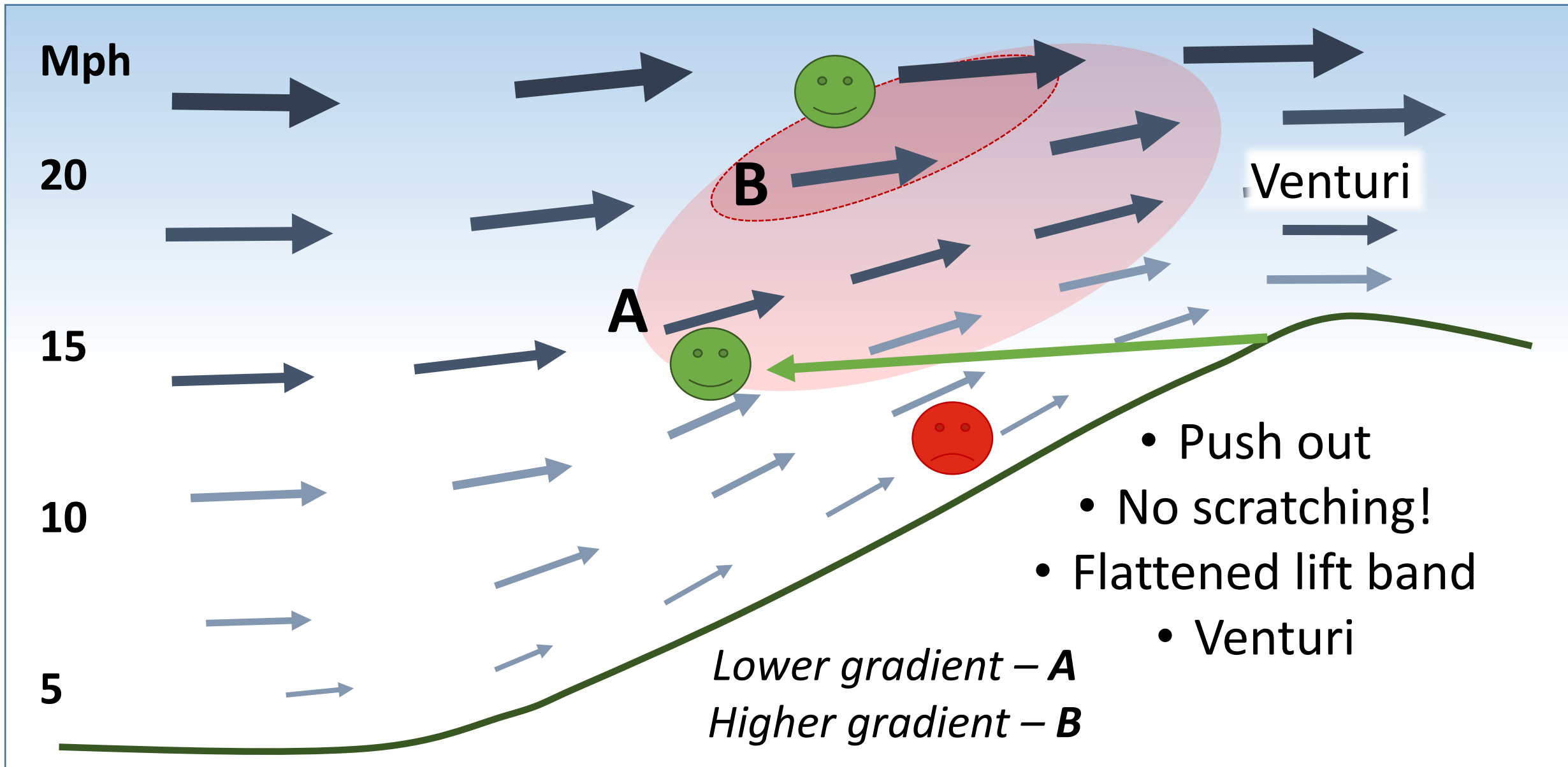
- Spring - Summer
  - Daytime
- Thermic/unstable



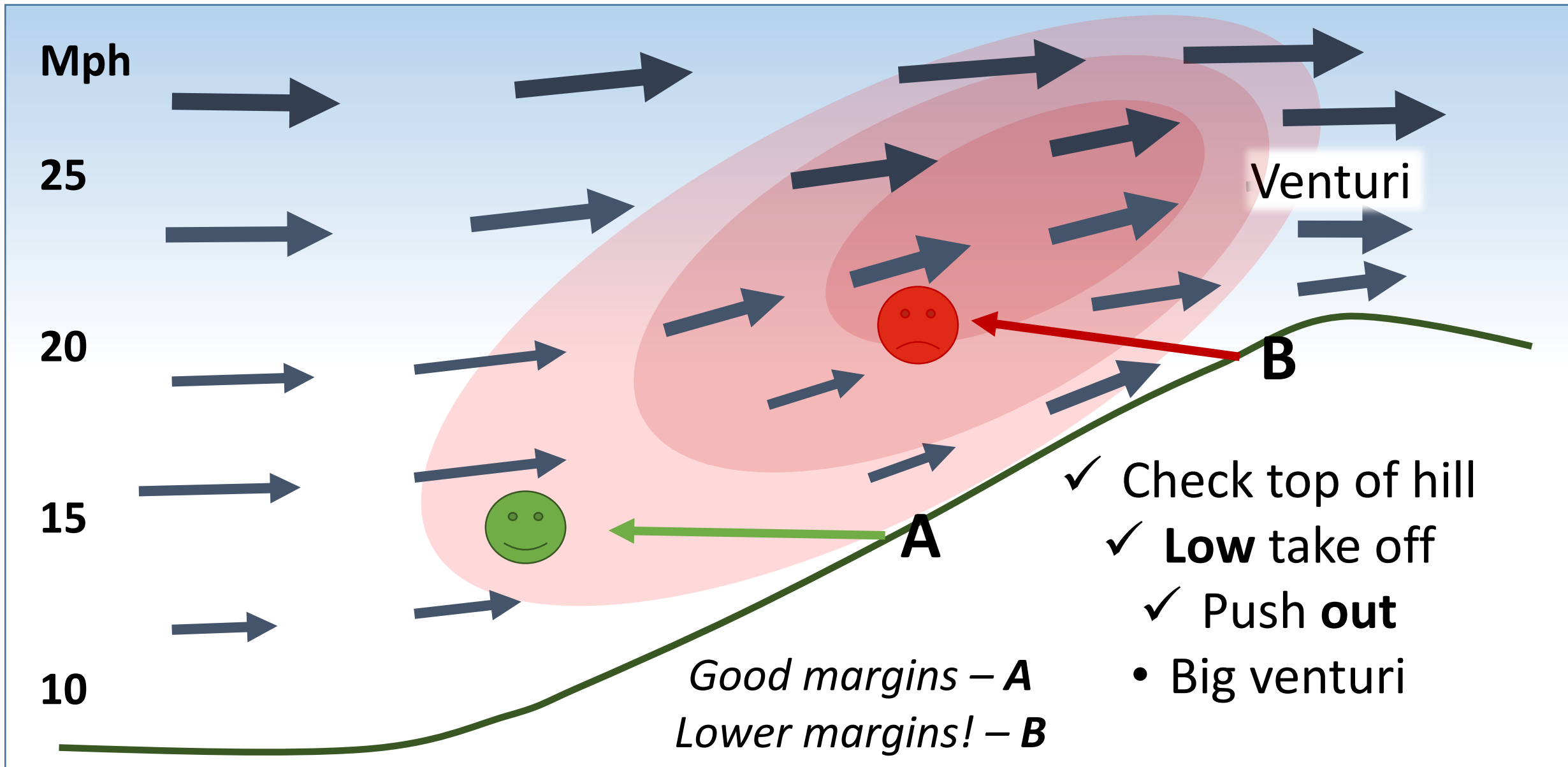
# Lift with little wind gradient



# Flying with wind gradient



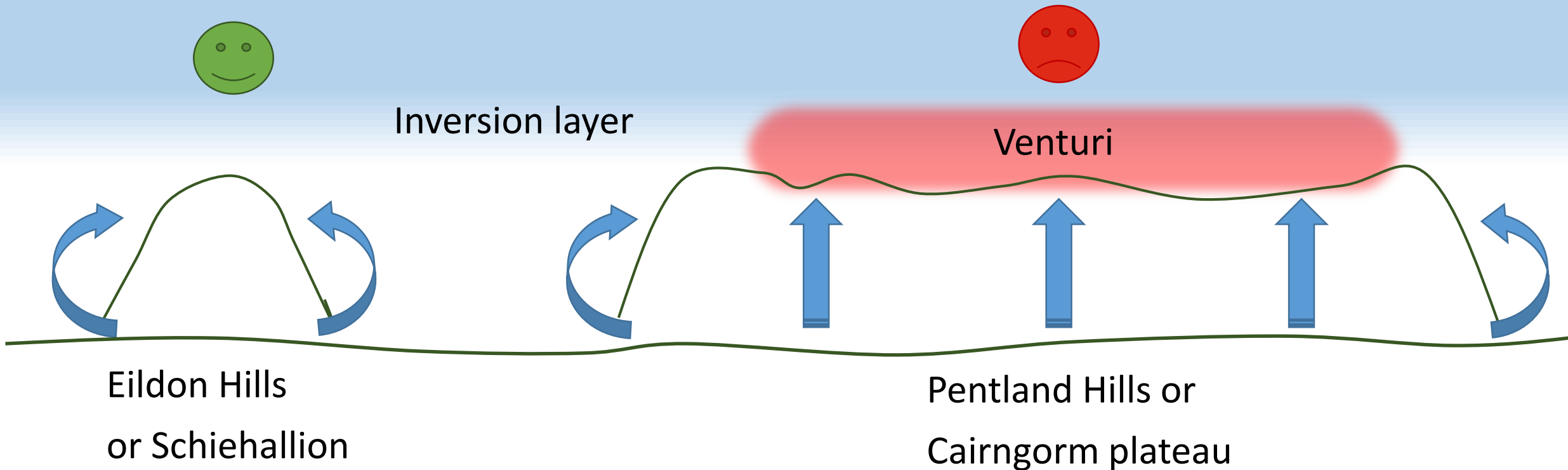
# Flying in high wind (with gradient)



# High wind gradient – fly isolated hills

Choose isolated hills when inversions and stable air, i.e. winter.

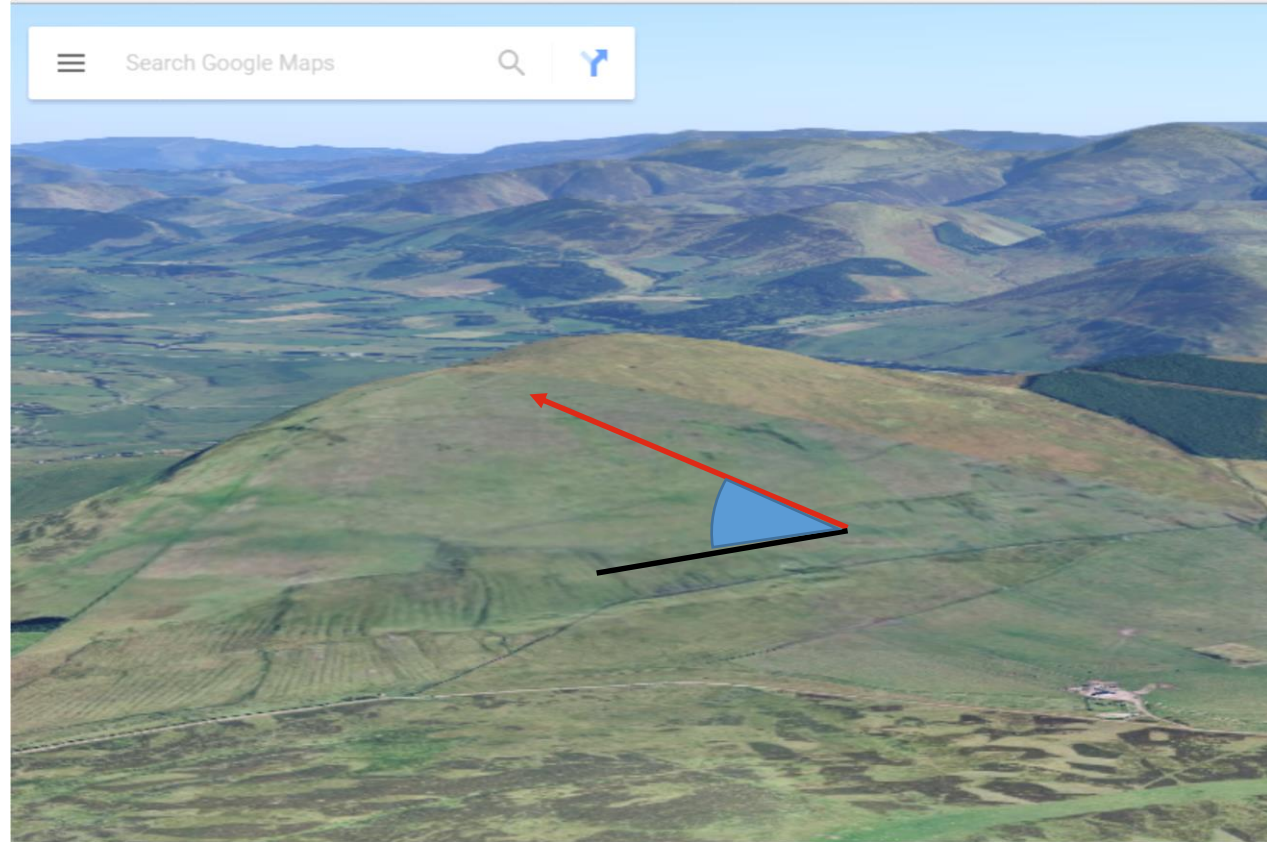
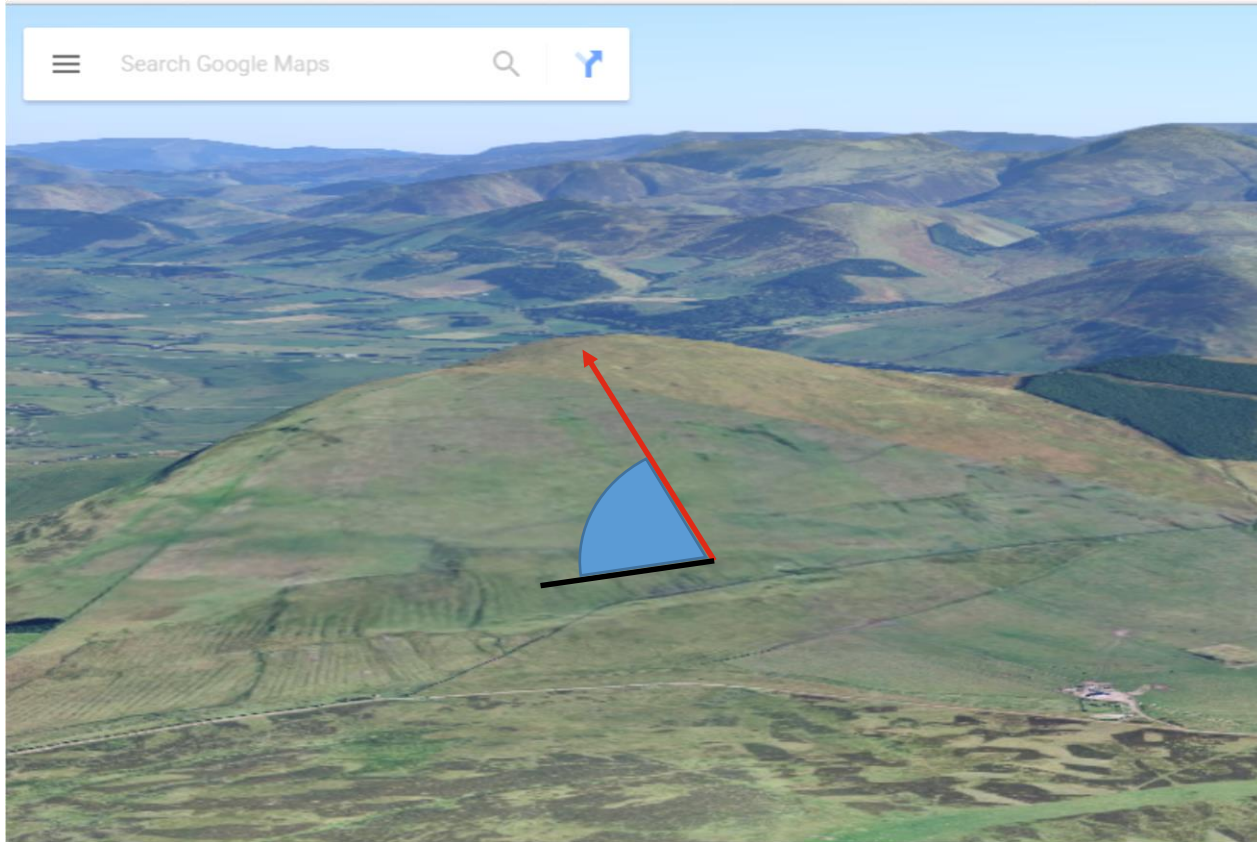
- Isolated hill – air flows round the sides
- Plateau – air forced up against inversion so venturi.



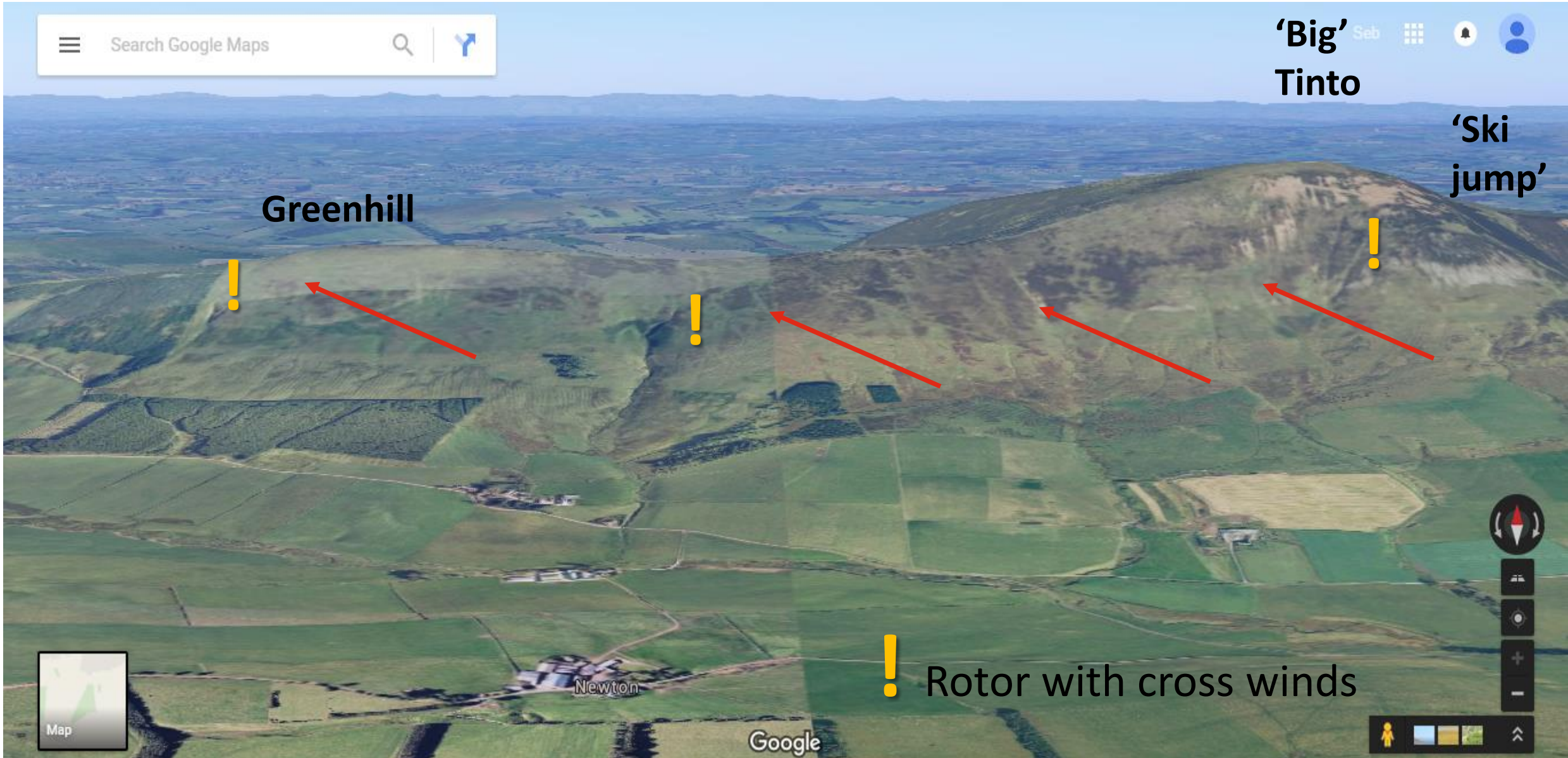
# Wind direction: Effect on lift

Directly up-slope = maximum lift

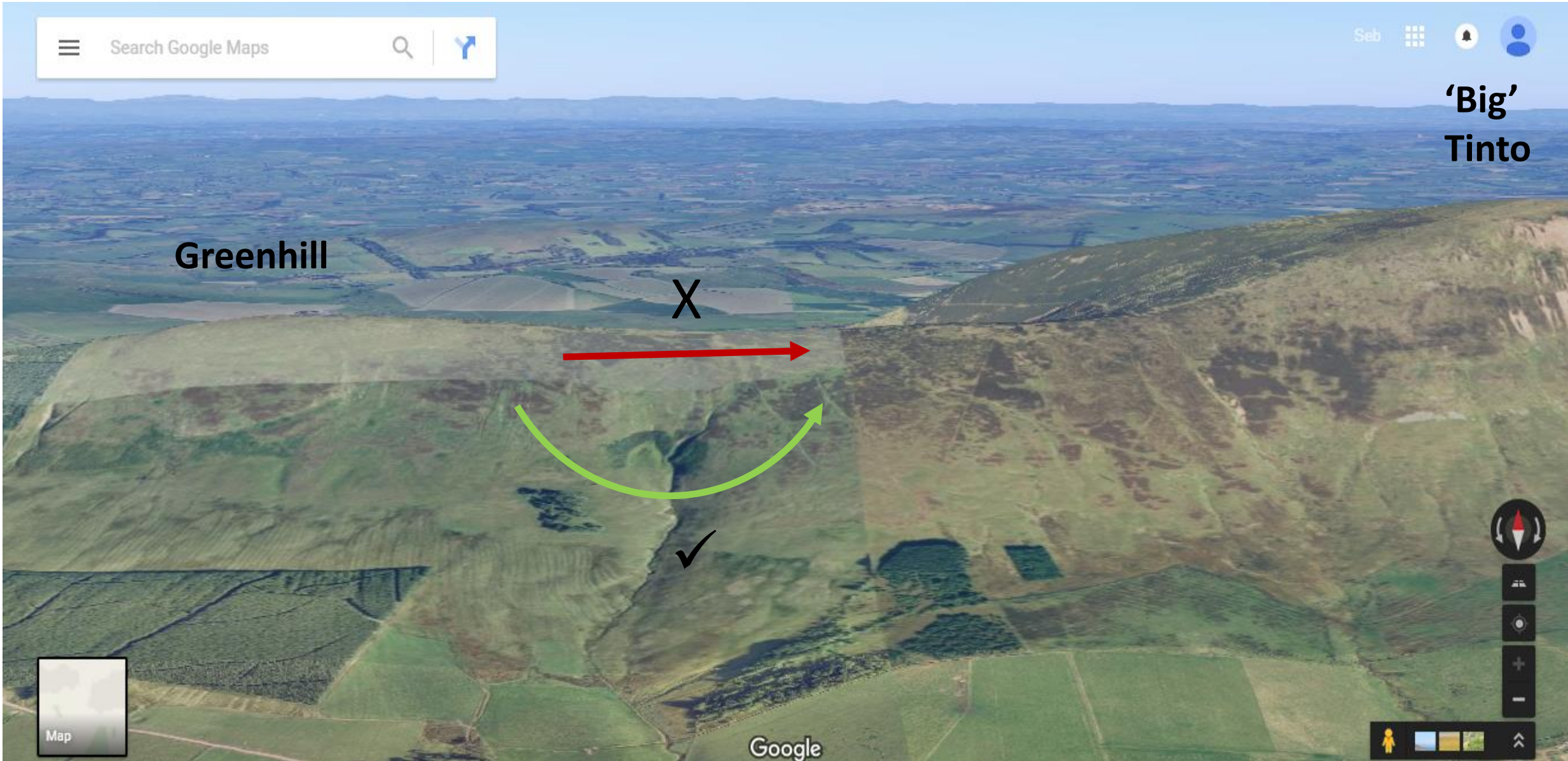
Across slope = reduced lift



# Crosswind and possible rotor

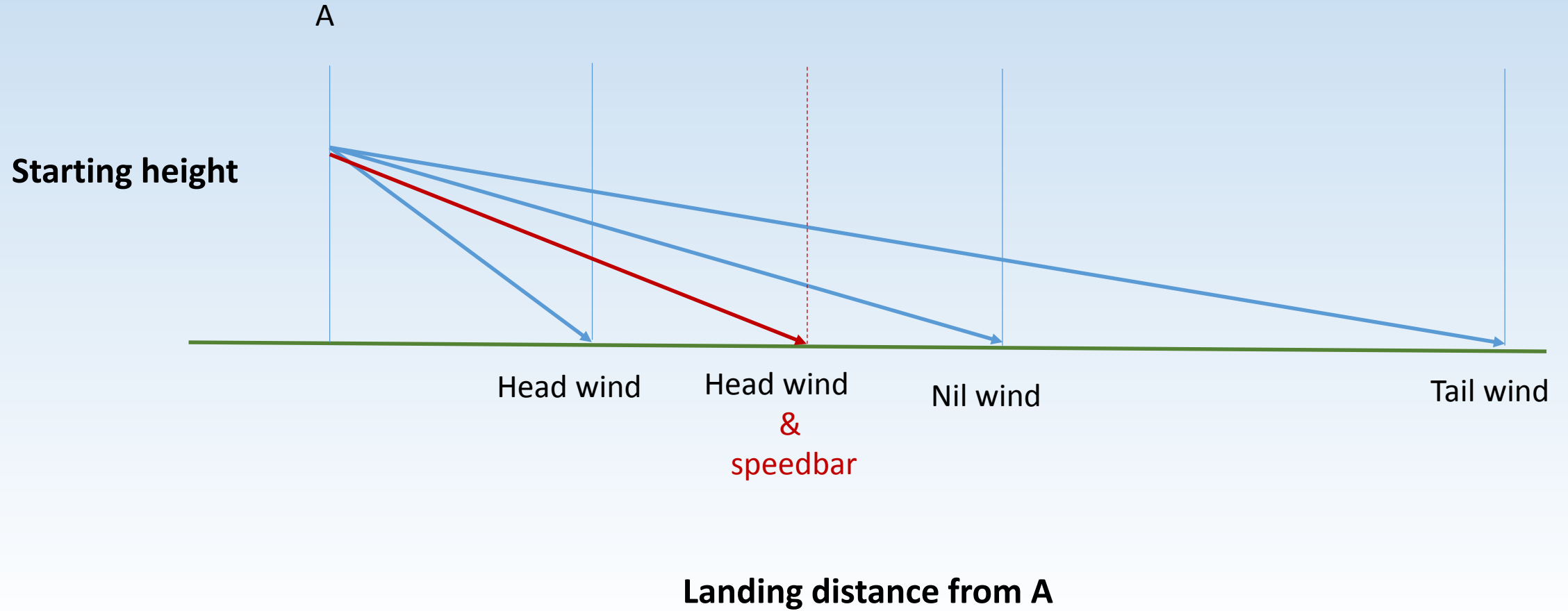


# 'Valley/gully' crossings to avoid venturi



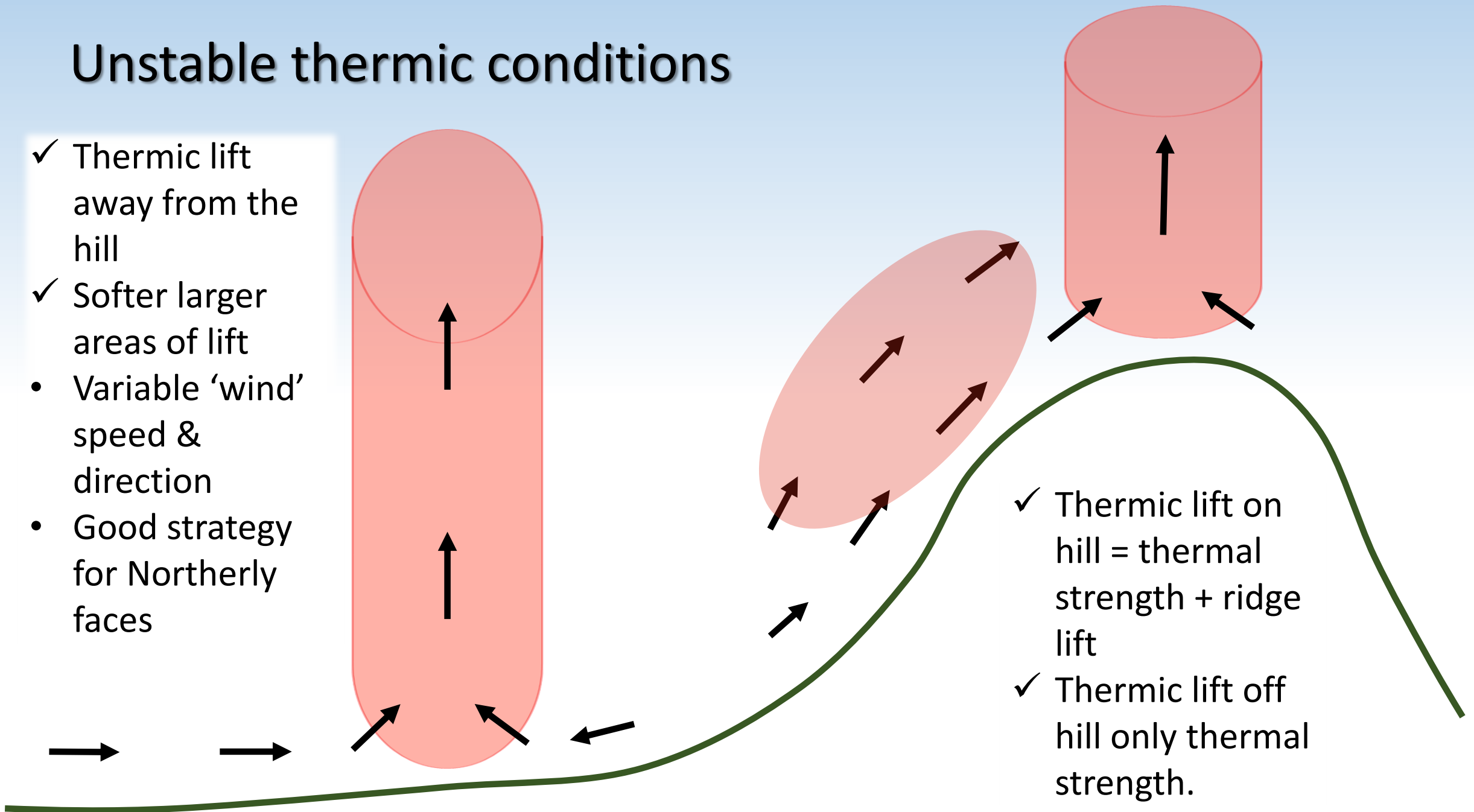


# Flying speed in wind



# Unstable thermic conditions

- ✓ Thermic lift away from the hill
- ✓ Softer larger areas of lift
- Variable 'wind' speed & direction
- Good strategy for Northerly faces

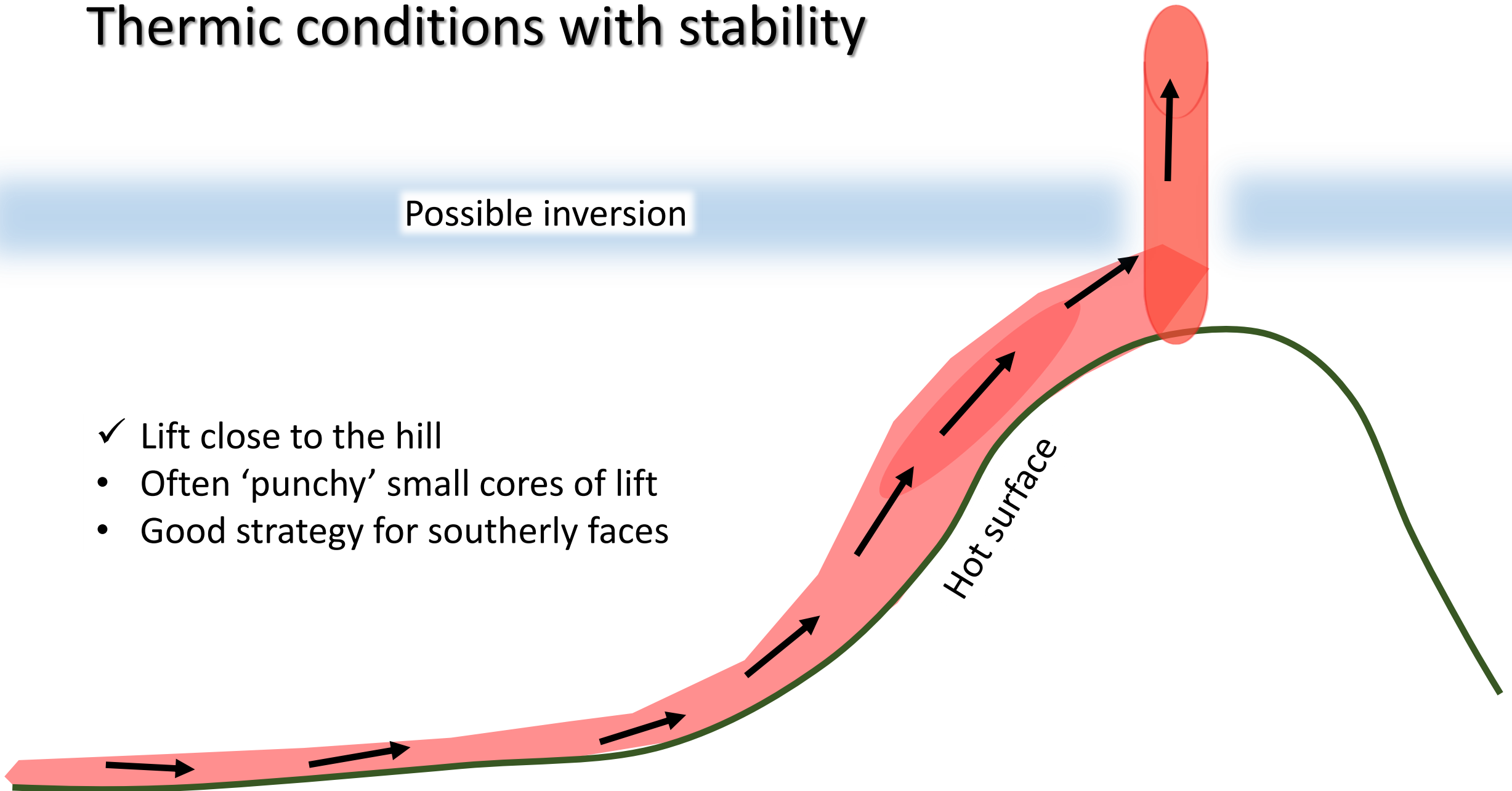


- ✓ Thermic lift on hill = thermal strength + ridge lift
- ✓ Thermic lift off hill only thermal strength.

# Thermic conditions with stability

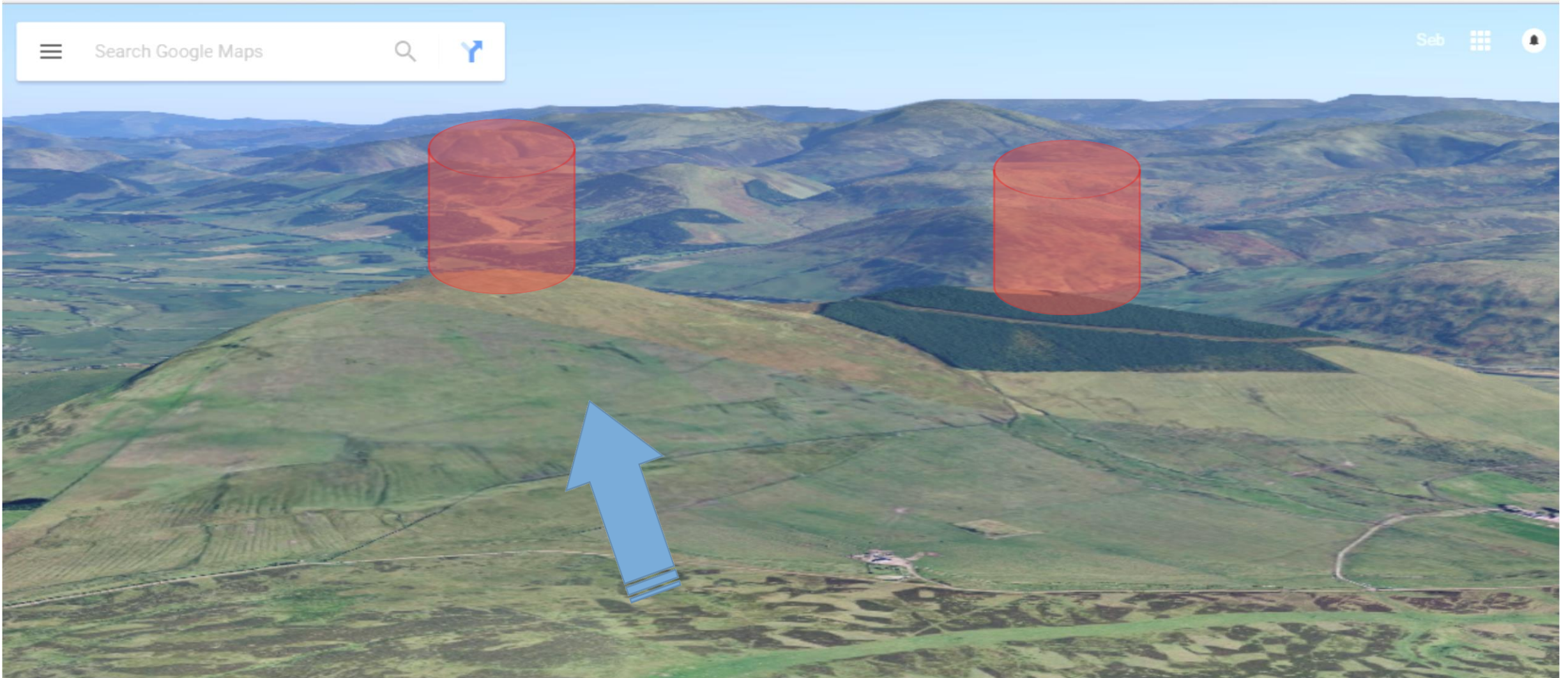
Possible inversion

- ✓ Lift close to the hill
- Often 'punchy' small cores of lift
- Good strategy for southerly faces



# Ridge thermal trigger points

Wind directly on the hill



# Ridge thermal trigger points: offset wind

Wind favour to the north

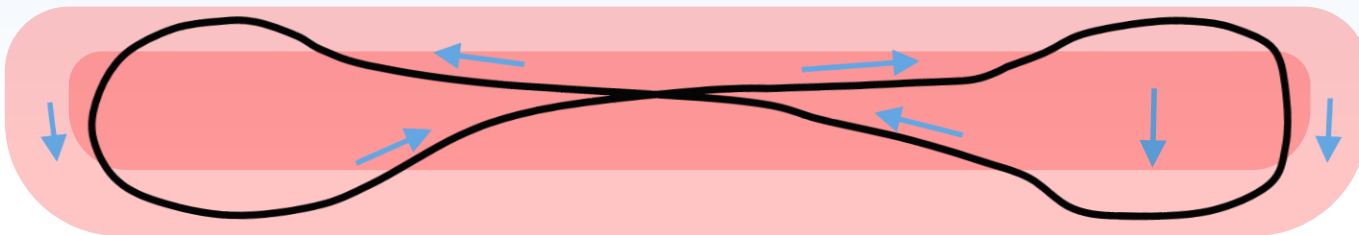
Wind favour to the south



# Flying theory

## Turning:

- Turns use height so...
  - ✓ TURN IN LIFT!
  - ✓ Less turns, longer beats
  - ✓ Weak lift, flat turn
  - ✓ Strong thermic lift, tighter turn
  - ✓ Out from hill & thermic, 360s
  - ✓ Ridge lift, 180s optimal



## Air speed:

- Based on laws of Polar curve...
  - ✓ Faster in sink
  - ✓ Slower in lift
    - ✓ (but more speed is safer, careful!)
  - ✓ Speed into wind
  - ✓ Min sink downwind
  - ✓ Pitch control, keep wing above you for efficient glide.

*Turning to stay in strongest part of lift band for longer*

# Flying theory...cont.

## Positioning:

- Fly/turn over best lift...
  - ✓ Areas up slope wind steepest
  - ✓ Back of bowl if light
  - ✓ Side of bowl if thermic
  - ✓ End or top of ridge if thermic
    - or change of topography
  - ✓ Middle of ridge if only dynamic
- ✓ Use thermic bubbles, turn in them!
- ✓ Unstable, head out from ridge
- ✓ Stable keep closer, but be careful
  - unpleasant punchy conditions
- ✓ Away from trees day, over them late eve
- ✓ Stay up high in late eve
- ✓ Stay in strongest part of lift band

# Flying theory...cont.

## Other tips:

- ✓ If something is not working, try something different!
- ✓ Zero on the vario is lift
- ✓ Use vario averager: 20-30sec
- ✓ Just a TBB? Make it better by flying less sinky areas
- ✓ If terrain allows kite, you will know conditions better before launching
- ✓ Don't stop learning or questioning!



*Still learning in Pakistan!*



**Flying safely.**

# Margins



## Keep margins **big**...

- ✓ Availability of numerous options
- ✓ Distance & time from problems- think well ahead

## Small margins...

- Closer to problems
- Fewer options

# Keeping good margins

1. Conditions NOW and LATER?
2. Is equipment checks?
3. Best take-off?
  - Height and position on hill
  - Dragging zone
  - Optimal flight path
  - Can I mess up my launch?
  - Rotor
4. Monitor conditions...all the time!
5. Am I safe to scratch or not?
6. Landing
  - Wind direction – maybe not same as launch
  - Rotor?
  - Power lines, ditches?
  - No low turns





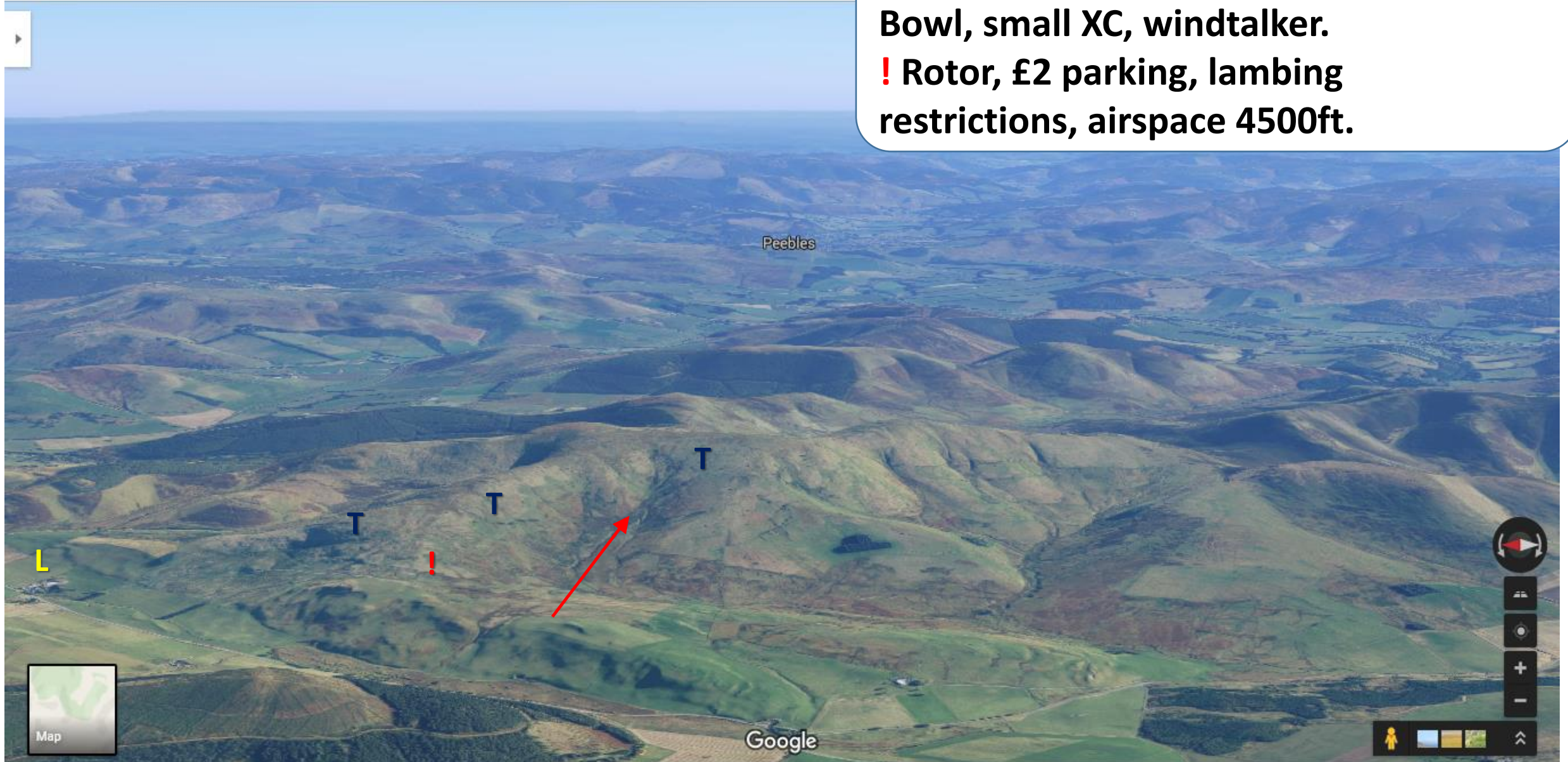
**Local flying sites.**

# Broughton

West, southwest, northwest.

Bowl, small XC, windtalker.

! Rotor, £2 parking, lambing restrictions, airspace 4500ft.

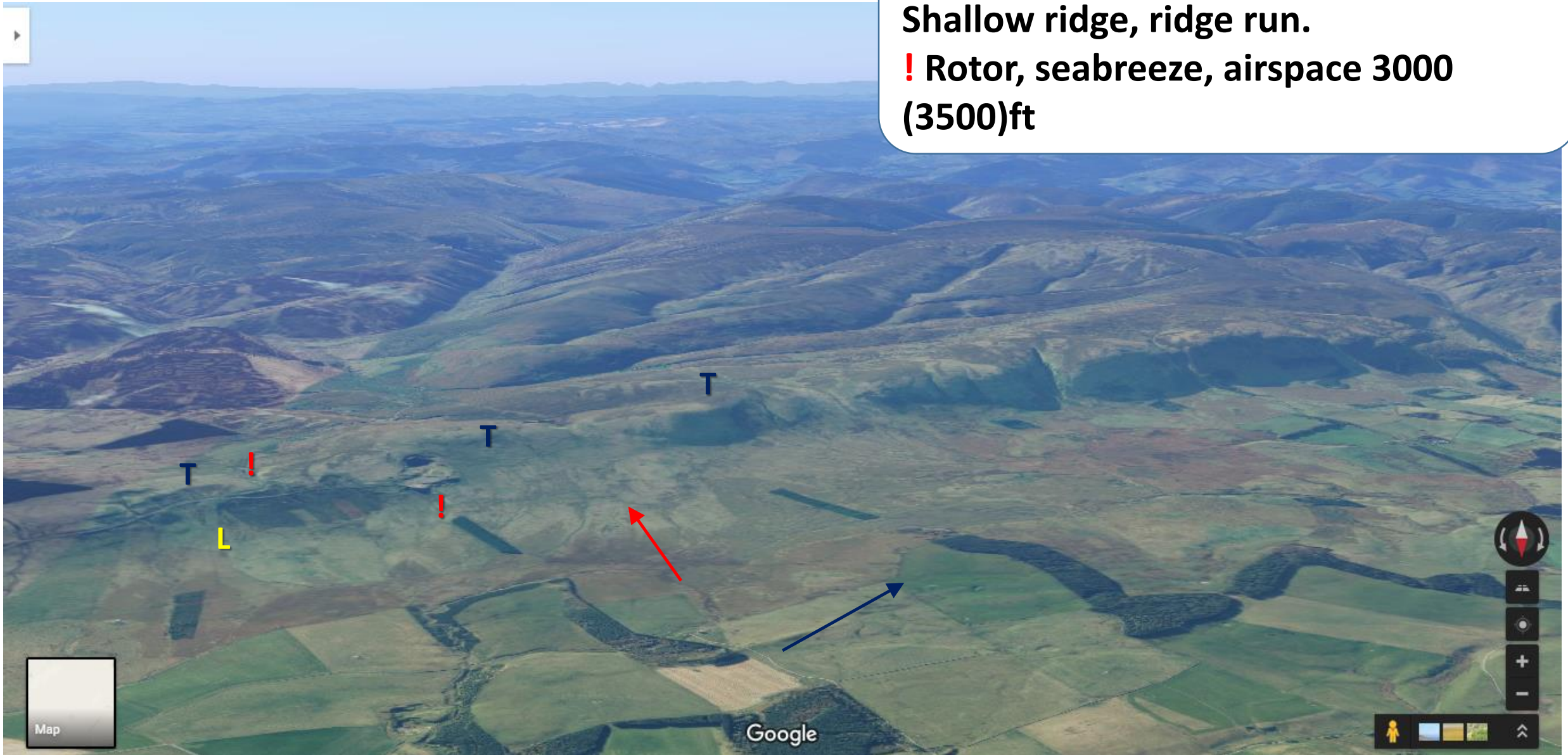


# Moorfoots

Northwest.

Shallow ridge, ridge run.

! Rotor, seabreeze, airspace 3000  
(3500)ft

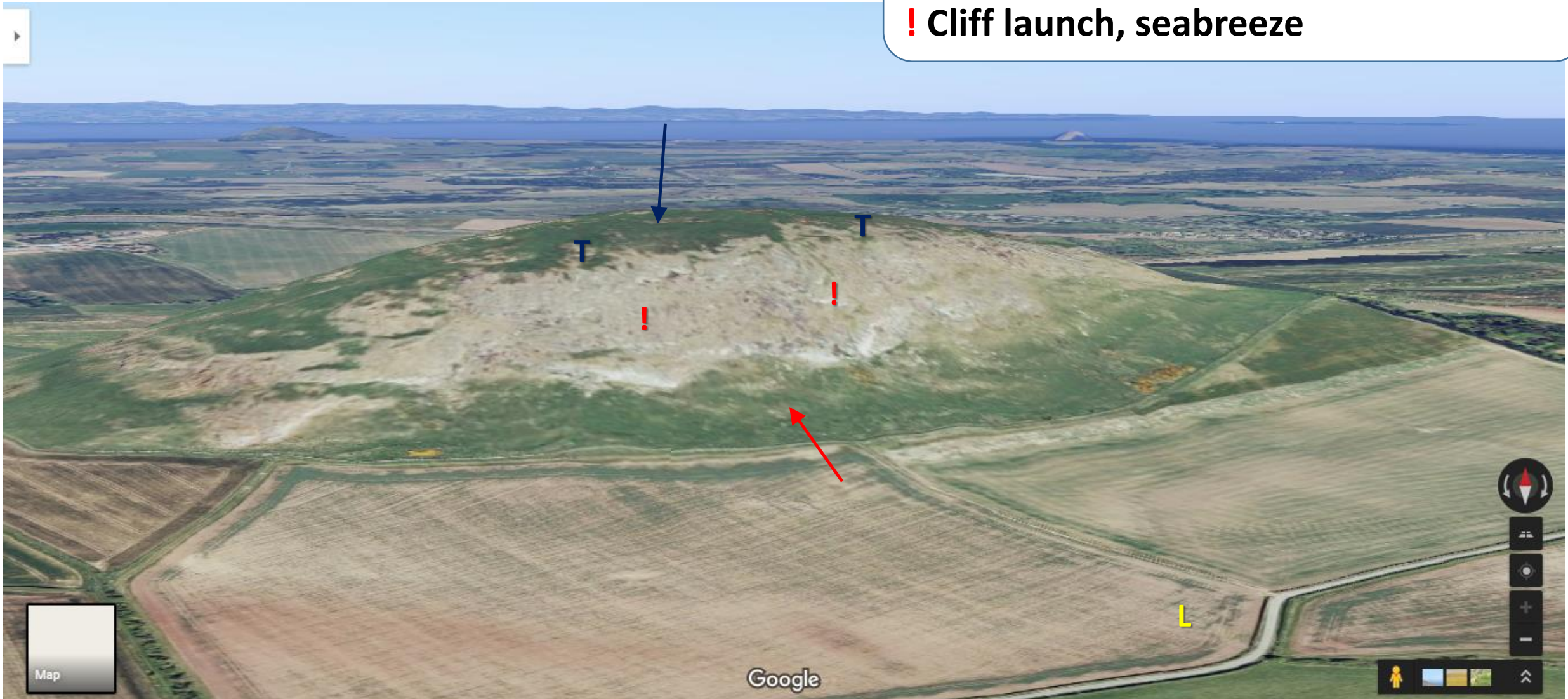


# Traprain Law

Southeast, west, northwest?

Steep cliff.

! Cliff launch, seabreeze





# Hillend

Southeast, northwest, north.

**! D** Airspace, contact airport, use QNH, seabreeze (good or bad!), restricted landing

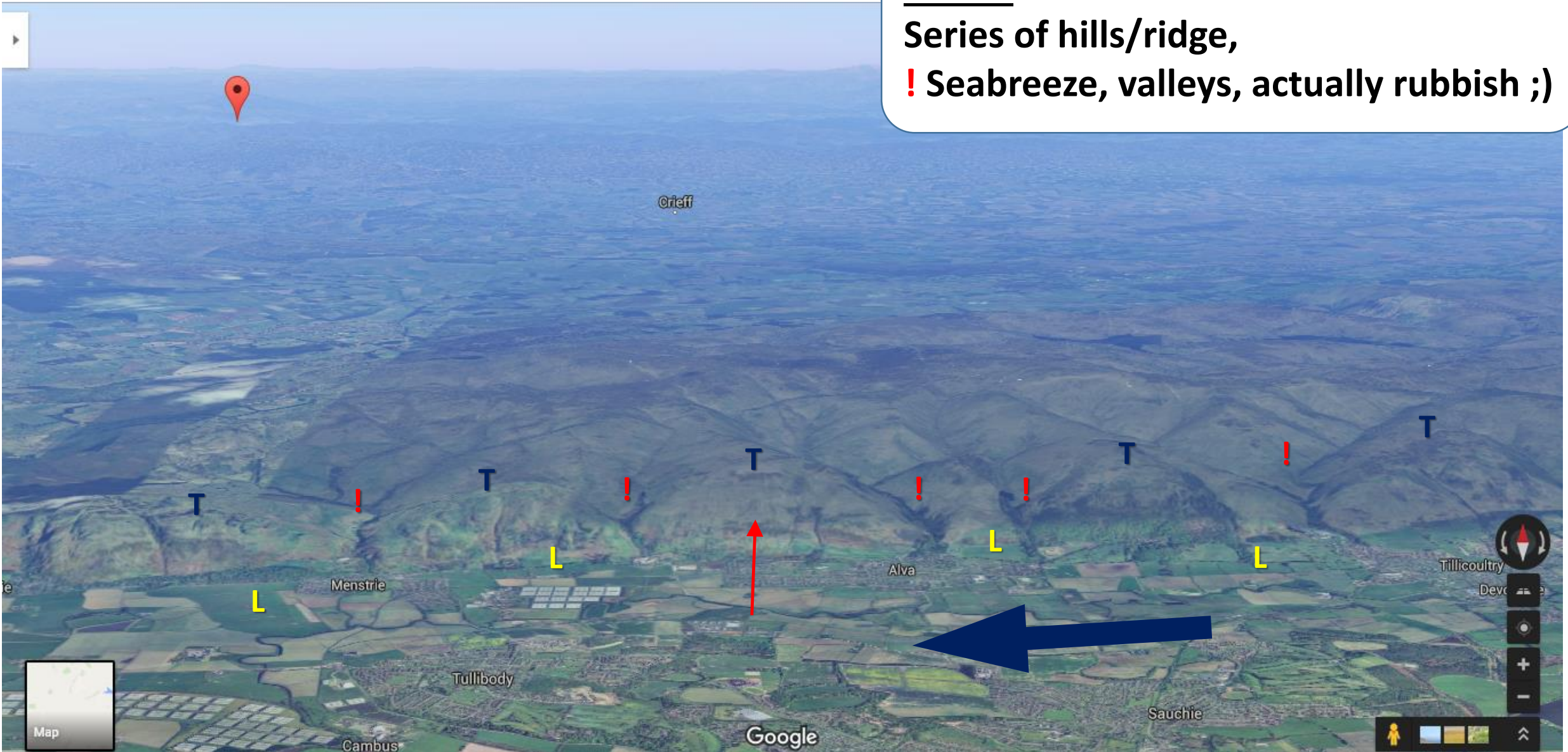


# Ochils

South.

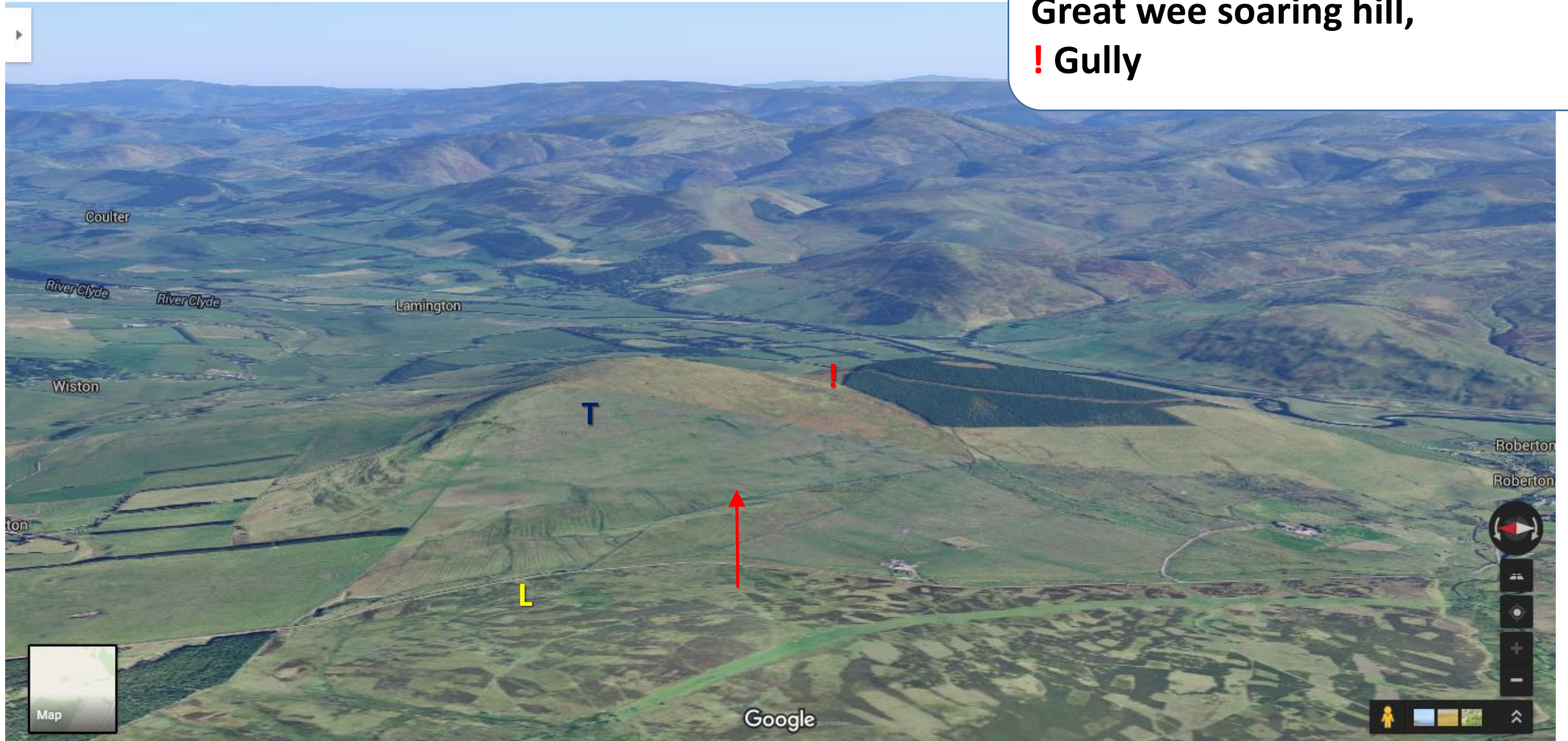
Series of hills/ridge,

! Seabreeze, valleys, actually rubbish ;)



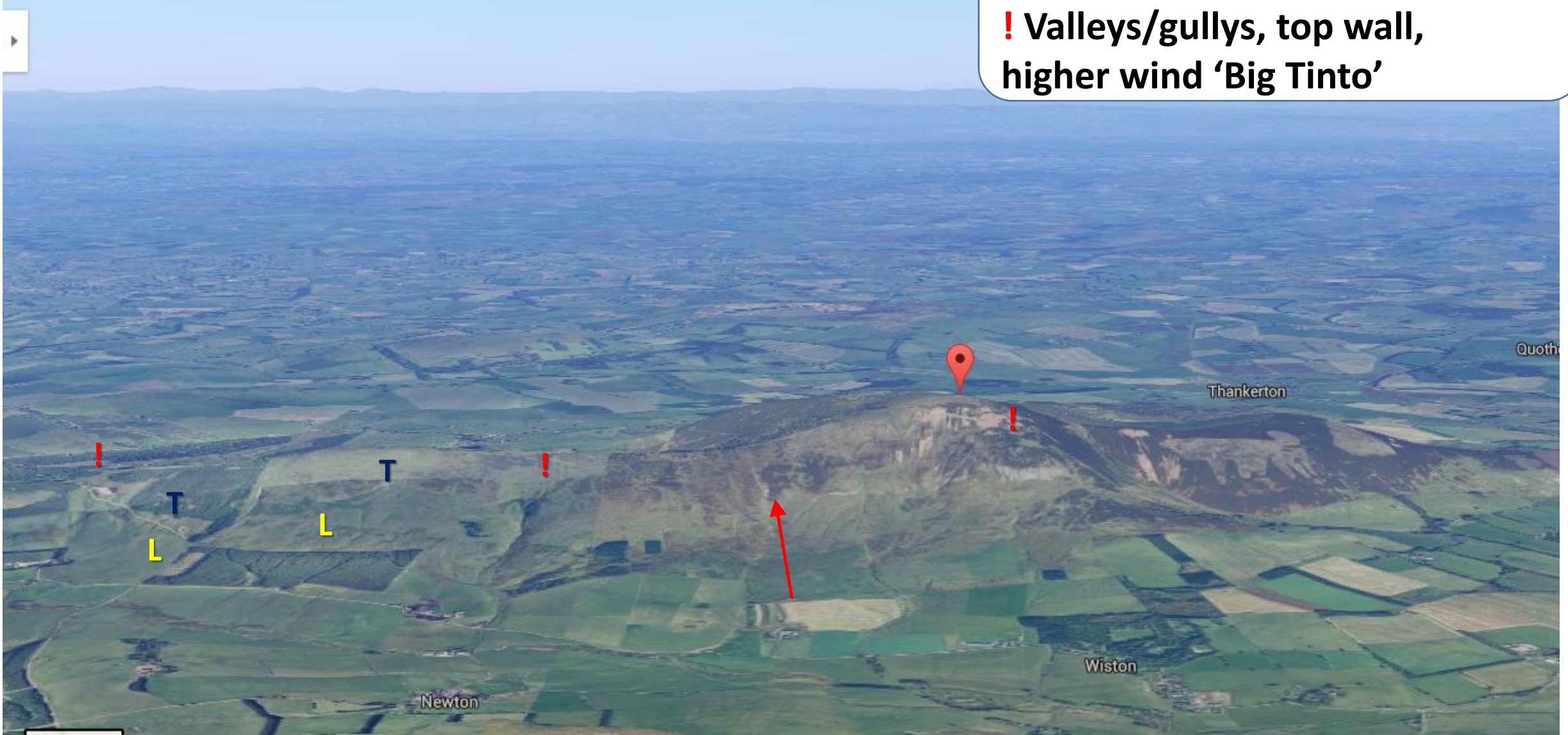
# Dungavel

West, southwest.  
Great wee soaring hill,  
! Gully



# Tinto

South, southeast, north.  
South is excellent ridge,  
! Valleys/gullys, top wall,  
higher wind 'Big Tinto'



# Bishop

West, northwest.

✓ Excellent ridge, good for top landings

! *Gliders, venturi on top, wave*



# Some other local sites

**Gargunnock – Northwest**

**Bodesbeck – Northwest**

**Carnethy Hill – Southeast**

**Abington – East, northeast**

**Fairlie – West, northwest,**

*need letter of agreement*

**Campsie Fells – not allowed**



*Soaring Bishop Hill*

# Go exploring!



Trotternish...perhaps my favourite to date 😊

**THE END!**

**QUESTIONS?**

